

Student Leaders for Food Equality



Syllabus Spring 2025

Monday, February 3rd, 6-7pm Virtual Meeting, Topic: Food Resourcing

- **Objective:** Students will understand where the food CAFB distributes comes from and what measures we take to ensure the distribution of nutritious and culturally familiar food.

Tuesday, February 18th, 6-7pm Virtual Meeting, Topic: Nutrition Education

- **Objective:** Students will be able to make healthy recipes and understand how to use low-cost ingredients to make delicious meals.

Monday, March 3rd, 6-7pm Virtual Meeting, Topic: Senior Hunger

- **Objective:** Students will understand how Seniors are affected by food insecurity and learn about the programs in place at CAFB to assist them.

Monday, March 17th, 6-7pm Virtual Meeting, Topic: Afterschool & Summer Meals

- **Objective:** Students will understand how food insecurity affects children and learn about the programs in place at CAFB to provide meals during non-school hours.

Monday, March 31st, 6-7pm Virtual Meeting, Topic: College Hunger & Strategic Initiatives

- **Objective:** Students will understand how food insecurity affects college students and how CAFB supports local universities in providing food. Students will also learn about how CAFB collects data about college hunger.

Monday, April 7th, 6-7pm Virtual Meeting, Topic: Analytics

- **Objectives:** Students will understand how CAFB collects and uses data to inform our service and programming.

Monday, April 28th, 6-7pm Virtual Meeting, Topic: Advocacy & Public Policy

- **Objective:** Students will understand how CAFB uses our unique position in DC to influence policy change, in addition to how we work with state and local governments. Students will also understand how we receive client feedback via our Client Leadership Council.