## URBAN DEMONSTRATION GARDEN LESSONS FOR YOUR MIDDLE SCHOOL



## We Offer:



Garden activities

Food prep & cooking experience

Snacks from the garden & lunch!

 \$500 transportation reimbursement

Come for an educational eye-opening experience about growing food and eating healthy.

## **Curriculum Standards Met:**



- Photosynthesis & energy flow
- Cycling of matter
- Food groups

Benefits of healthy eating





Email our Food Growing Education Specialist, Avery Cross to schedule a class today! across@capitalareafoodbank.org Garden location:

4900 Puerto Rico Ave NE Washington DC, 20017