



The Capital Area Food Bank in the District of Columbia

Updated August 31, 2014

What is the Capital Area Food Bank?

The Capital Area Food Bank is the region's largest hunger relief organization and the hub for food sourcing, food distribution and nutrition education across Greater Washington. In Washington, D.C. and its six surrounding counties, there are nearly 700,000 individuals at risk of hunger; about 150,000 are children.

In FY 2014, the CAFB distributed 42 million pounds of food — more than 35 million meals — to 540,300 individuals through direct service and a network of more than 500 partner agencies. The CAFB service area includes: *Washington D.C.; Montgomery County, MD; Prince George's County, MD; Fairfax County, VA; Prince William County, VA; Arlington County, VA; and The City of Alexandria, VA.*



Why we do the work: Hunger in the District of Columbia

- In D.C. 14.5% of residents (91,540 out of 632,323 individuals) struggle to get the food they need.
- D.C. has the sixth highest child food insecurity rate of any state in the nation, with 27.9% of children under the age of 18 (30,600 out of 109,452 children) living in food insecure households. *Food insecurity is defined as limited or uncertain availability of nutritionally adequate and safe foods or limited or uncertain ability to acquire acceptable foods in socially acceptable ways.*
- 16.3% of households with children in D.C. report that it is not easy to get affordable fresh fruits and vegetables in their community, the fifth highest rate of any state in the nation.
- Many food insecure residents in the D.C. area have to make difficult choices between buying food and other necessities:
 - 67% of individuals served by the Capital Area Food Bank report having to choose between food and transportation;
 - 61% reported having to choose between food and housing.

Together we can solve hunger™

How we do the work

In FY 2014, the CAFB distributed 11.6 million pounds of food in Washington, D.C. through Partner Agencies and Direct Food Distributions.

Our **Partner Agencies** work on the ground to offer food from the CAFB to neighbors in need; these partners include churches, food pantries, soup kitchens, emergency shelters, senior programs, daycare centers and more.



133 Partner Agencies in D.C. including Bread for the City; DC Central Kitchen; Martha's Table; Allen Chapel AME Church; Miriam's Kitchen
24 D.C. Partner Agencies trained by CAFB this year to champion healthy eating in their community

Direct Food Distribution programs complement the offerings of our partner agencies:



24 Mobile Market Sites
Serve 12,974 individuals each month



36 Kids Afterschool Feeding Programs
Serve 1,335 children daily



1 Community Marketplace Site
Serves 150 individuals each month



20 Kids Summer Feeding Programs



20 Weekend Bag Sites
Serve 722 children each weekend



8 Family Markets
Serve 735 families each month



30 Senior Brown Bag Sites
Serve 1,661 seniors each month



55 Grocery Plus Sites*

Serve 5,966 seniors each month
*Formerly referred to as the Commodity Supplemental Food Program.

Our **Nutrition Education** courses accompany food distributed in the community.



Nutrition education
338 D.C. residents trained by CAFB this year in cooking, nutrition and food budgeting

Spotlight on the Community Marketplace at L Street NW

The CAFB's Community Marketplace provides low-income families in D.C. with 30 pounds of free fresh produce monthly in a farmer's market setting. The Marketplace is located in a high-needs community in the heart of D.C. and serves as a hub where residents learn about continuing education, job placement, health, and housing opportunities from area service providers. Within walking distance of a library, school, and recreation center, the Marketplace encourages children and families to shop and learn together while reinforcing the importance of healthy eating.

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