What is the Capital Area Food Bank?
The CARB is the hub for food sourcing, food distribution and nutrition education in the Washington metropolitan area, serving those struggling with hunger. In Washington, D.C. and the six surrounding counties, there are nearly one million individuals at risk of hunger.
This year, the CARB distributed 147 million pounds of food - equivalent to 116 million meals - to 1,250,000 people through direct service and a network of more than 400 partner agencies. The Food Bank is serving 15 percent more people over almost.

Hunger in America

- 90 percent of individuals in the United States, or nearly 1 in 4 Americans, are food insecure.
- 82 percent of individuals are children.
- Nearly 18 million use food banks.
- In D.C., 4.8 million using Food banks over the past year.
- Hunger is not just a local problem.

Addressing hunger in the Washington area

The District of Columbia

- In 2014, the CARB distributed 337,936 pounds of food through the Emergency Food Bank (EFB) and direct service programs, including: 103 Food Assistance Partners 216 centers served each month 1,036,690 individuals served each month

Maryland

- In 2014, the Capital Area Food Bank distributed 217,900 pounds of food to nearly 130,000 people through direct service programs and partner agencies.

Northern Virginia

- The CARB has 235 food assistance centers and direct service programs in Northern Virginia, including 176 Food Assistance Partners 165,125 individuals served recently 1,375,250 individuals served recently

Together we can solve hunger.