



## Media Advisory

For more information, please contact:

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### CAPITAL AREA FOOD BANK HOSTS NORTHERN VIRGINIA HUNGER SUMMIT Panel Discussion on “Removing Barriers to Cooking at Home” and Live Cook-Off Featuring Local Chefs

- What:** The Capital Area Food Bank is hosting its 11th Annual Northern Virginia Hunger Summit that will highlight the food bank’s commitment to health and wellness as among its primary strategic goals. The summit will convene food experts and practitioners to identify best practices and barriers for individuals who want to take control of their health through home cooking. Attendees will then be treated to a live cook-off, featuring four local chefs competing to make the tastiest meal using CAFB ingredients. For more information, visit [www.capitalareafoodbank.org/capital-area-food-bank-fall-hunger-summit](http://www.capitalareafoodbank.org/capital-area-food-bank-fall-hunger-summit)
- Who:** Panel Moderator, Joe Yonan, Food and Travel Editor, *The Washington Post*  
Panelists:  
--Chef Greg Silverman, MSc, Director of National Partnerships, Share Our Strength  
--JuJu Harris, Culinary Educator and SNAP Outreach Coordinator, Arcadia Center for Sustainable Food and Agriculture  
--Chef Emily Hagel, Director of Kitchen Operations, Miriam’s Kitchen  
-- Franciel Dawes, MS, RD, Advocates for Better Children’s Diets
- When:** Friday, Sept. 26, 2014  
8 am – 12 pm
- Where:** First Baptist Church of Alexandria  
2932 King Street  
Alexandria, VA 22302
- Why:** Over 217,000 people across Northern Virginia are at risk of hunger, including 62,000 children under the age of 18. Last year, the Capital Area Food Bank’s Lorton facility distributed 6.5 million meals to individuals struggling with hunger. The CAFB provides individuals and families with nutrition education and outreach programs designed to address the root cause of hunger.
- Visuals:** Cooking competition with local chefs using Capital Area Food Bank ingredients

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