



# Media Advisory

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FOR IMMEDIATE RELEASE

## CAPITAL AREA FOOD BANK ANNOUNCES FREE SUMMER MEALS FOR CHILDREN

*Funded by USDA, meals will be provided to children free of charge.*

Washington, DC, 5/13/16 – Summer is a hard time for children who rely on school meals to receive the balanced nutrition they need to thrive. Continuing its commitment to providing access to good food in every community, the Capital Area Food Bank today announced that it will once again provide free summer meals to children throughout the Washington metro area. The Free Summer Meals Program (FSMP), for which the food bank will be an acting program sponsor, is funded by the US Department of Agriculture.

In DC, 86,410 residents struggle to get the food they need; that's 14% of the population, of which 27% are children. Food insecure children are more likely to experience stomachaches, headaches, colds, ear infections, and fatigue. They are sick more often, recover more slowly, and are more likely to be hospitalized.

During the school year, The Capital Area Food Bank operates afterschool and weekend meals programs called Kids Cafe® and Weekend Bag. Both of these programs fill meal gaps, supplementing school-based federal free or reduced price breakfasts, lunches, afterschool snacks and dinners. Meal service is extended in the summertime with many sites offering daily breakfasts, lunches, snacks and suppers. Additionally, the CAFB's Weekend Bag program provides bags of pantry staples and fresh produce for children and their families over the weekend when school is out of session.

Meals will be provided at sites and times as follows:

	Address in Washington, DC	Breakfast Time	Lunch/Supper Time	Snack Time
Brookland Manor	2525 18th Street NE	10:00 AM-10:30 AM	12:00 PM-12:30 PM	
C.H.I.L.D. Center	202 Riggs Rd, NE	7:30 AM-8:30 AM	12:00 PM-1:00 PM	
Cedar Heights Community Center	1528 Butler Street SE	9:00 AM-9:30 AM	12:00 PM-12:30 PM	
Congress Park	1345 Savannah St. SE	9:30 AM-10:00 AM	3:00 PM-3:45 PM	
Diamond Cubs Summer Youth Enrichment program	3127 Dr. Martin Luther King Jr Ave	8:00 AM-9:00 AM	12:00 PM-12:30 PM	
Frederick Douglass	1427 Cedar St SE	9:30 AM-10:00 AM	3:00 PM-3:30 PM	
Horton's Kids	2500 Pomeroy Road SE		4:00 PM-5:30 PM	
Imagine Hope Lamond	6200 Kansas Avenue, NE	8:00 AM-8:30 AM	11:00 AM-12:00 PM	

Little Lights 1212 Center	1212 I ST SE		12:00 PM-1:00 PM	3:00 PM-4:00 PM
Little Lights 1430 Center	1430 L St. SE apt 104		12:00 PM-1:00 PM	3:00 PM-4:00 PM
Little Lights Center	760 7th St. SE		12:00 PM-1:00 PM	3:00 PM-4:00 PM
Little Lights Hopkins Center	1000 12th ST SE		12:00 PM-1:00 PM	3:00 PM-4:00 PM
National Baptist Memorial Church	1501 Columbia Rd., NW	8:30 AM-9:30 AM	4:00 PM-5:00 PM	
National Conservatory of Arts: Northeast	800 11th St NE		12:00 PM-1:00 PM	2:30 PM-3:00 PM
RCCG New Wine Assembly	1615 Olive St NE	8:30 AM-9:00 AM	11:00 AM-12:30 PM	
Tutoring Cafe	6906 4th Street		12:00 PM-1:00 PM	3:30 PM-4:00 PM
Wardman Court Community Center	1350 Clifton St NW	8:45 AM-9:30 AM	12:00 PM-1:30 PM	

\*All times approximate and subject to change. For up-to-date information about where to find free Summer Meals, please visit <http://www.fns.usda.gov/summerfoodrocks>

### **About the Capital Area Food Bank**

The Capital Area Food Bank is the largest organization in the Washington metro area working to solve hunger and its companion problems: chronic undernutrition, heart disease and obesity. By partnering with nearly 450 community organizations in DC, Maryland and Virginia, as well as delivering food directly into hard to reach areas, the CAFB is helping 540,000 people each year get access to good, healthy food. That's 12 percent of our region's mothers, fathers, sons, daughters, sisters, brothers, and grandparents. To learn more, visit: [capitalareafoodbank.org](http://capitalareafoodbank.org), or find the Capital Area Food Bank on Facebook at [facebook.com/CapitalAreaFoodBank](https://www.facebook.com/CapitalAreaFoodBank), and Twitter at [@foodbankmetrodc](https://twitter.com/foodbankmetrodc).

Acceptance and participation requirements for the Program and all activities are the same for all regardless of race, color, national origin, sex, age or disability, and there will be no discrimination in the course of the meal service.

In accordance with Federal law and U.S. Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

To file a complaint of discrimination, write:

USDA, Director, Office of Civil Rights  
1400 Independence Avenue, S.W.  
Washington, D.C. 20250-9410

or call toll free (866) 377-8642 (voice).

TDD users can contact USDA through local relay or the Federal Relay at (800) 877-8339 (TDD) or (877) 877-6280 (relay voice users).call toll free (866) 632-9992 (voice).

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To file a complaint alleging discrimination on one of these bases, please contact the District of Columbia's Office of Human Rights at (202) 727-3545.