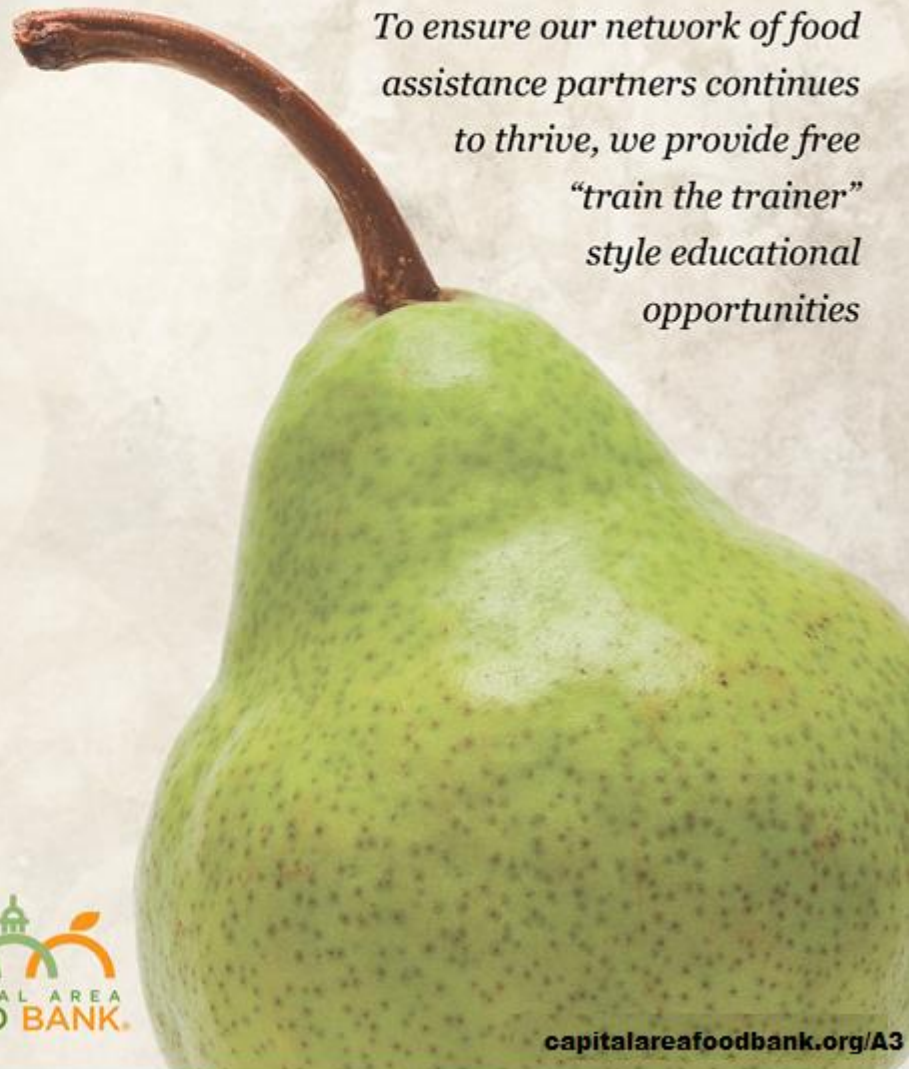


WORKSHOPS

# Agency Achievement Academy April – June 2016

*To ensure our network of food assistance partners continues to thrive, we provide free “train the trainer” style educational opportunities*

Capital Area Food Bank  
4900 Puerto Rico Ave, NE  
Washington, D.C. 20017



[capitalareafoodbank.org/A3](http://capitalareafoodbank.org/A3)

Register online at [www.capitalareafoodbank.org/a3](http://www.capitalareafoodbank.org/a3)

Together we can solve hunger™

## Health Ambassadors Class

**Tuesday, April 12**

**9:00 am – 4:00 pm**

**Columbia Baptist:**

3245 Glen Carlyn Rd, Falls Church, VA 22041

The Health Ambassador program provides techniques and tools to promote healthy eating at distributions, meals sites and pantries. Participants will learn the fundamentals of nutrition, how to conduct a cooking demonstration or tasting, and how to pair educational materials with food to encourage clients to choose healthy options.

All partners completing this training will receive a Health Ambassador certificate along with a cooking demonstration toolkit.

## Intro to Proposal Writing by The Foundation Center DC

**Monday, April 25**

**10:00 am – 11:30 am**

**DC Distribution Center:**

4900 Puerto Rico Ave NE, Washington DC 20017



Do you know how to write a grant proposal to fund your food distribution or program? Written a few proposals, but need a quick refresher?

This class will provide you with an overview of how to write a standard grant proposal to a foundation to solicit and receive funds. It will include:

- The basic elements of a proposal
- The “do’s” and “don’ts” of writing and submitting a proposal
- How to follow up whether the answer is yes or no

**First 20 organizations to register AND attend will receive a \$50 Harris Teeter Gift Card!**

## A3 Registration Form

**Name:**

**Organization Name:**

**Organization Role:**

**Email Address:**

**Phone Number:**

**Workshops you’d like to Register For:** (Check Boxes)

- Health Ambassadors**  
April 12<sup>th</sup> | 9:00 am – 4:00 pm
- CAFB’s “Food Bank Network” Navigator Training**  
April 20<sup>th</sup> | 11:00 am – 12:00 pm
- Introduction to Proposal Writing**  
April 25<sup>th</sup> | 10:00 am – 11:30 am
- ServSafe for Food Banking Class**  
May 18<sup>th</sup> | 10:00 am – 12:30 pm
- ServSafe Certification Class**  
June 8<sup>th</sup> | 9:30 am – 6:00 pm
- American Diabetes Association Volunteer Ambassadors**  
June 20<sup>th</sup> | 10:00 am - 2:00 pm

Please bring back to CAFB, scan/email to [lberg@capitalareafoodbank.org](mailto:lberg@capitalareafoodbank.org) or fax to 202.529.1767 ATTN: Livia Berg

Or, Register Online:  
[Capitalareafoodbank.org/A3](http://Capitalareafoodbank.org/A3)



# Capital Area Food Bank Summit

## *A Community Response to Hunger*

**Friday, May 6th**

**8:00 am – 1:00 pm**

### **DC Distribution Center:**

4900 Puerto Rico Ave NE, Washington DC 20017

The Capital Area Food Bank Summit is an annual event to inspire and celebrate partners. The Summit offers attendees opportunities to TAKE ACTION through teaching, advocating, and sharing stories. This year's theme, A Community Response to Hunger, will highlight the impact that together, we are making in the neighborhoods we serve.

### **New this year: Storytelling Booths**

Take a moment to reflect on a story you have been meaning to share about your work helping to end hunger. In the Storytelling Booths, we want to shine the spotlight on you and hear the story in your own words. We want to make sure the public understands how important your work is to the health of our community, so we'll plan to share some of these stories with a broader audience so people can understand what hunger looks like in our area.

### **Workshops**

#### ***Waste Less Food Together***

Ugly produce is good to eat, and dates on a can are deceiving! How the CAFB and farmers are working together to prevent food waste and feed the community.

#### ***Preachers, Lawyers and the CAFB***

Each year, CAFB holds the Food from the Bar campaign to raise funds. Hear a Reverend's story about making these dollars stretch, and learn how to inspire professionals in your community to support your organization's important work

#### ***Wellness Tour***

Join an interactive tour of the DC Distribution Center learn more about how the CAFB is incorporating wellness into every step—and how you can, too.

#### ***Real Time Collaborative***

Network and bond with more than 400 community organizations that partner with the CAFB. Discuss how you can work with other organizations to take hunger off the map in your neighborhoods. And leave with a flexible definition of "community" that unifies our work together and inspires better service to our neighbors in need.

# CAFB's "Food Bank Network" Navigator Training

**Wednesday, April 20th**

**11:00 am – 12:00 pm**

### **DC Distribution Center:**

4900 Puerto Rico Ave NE, Washington DC 20017

### **Or, Online:**

Link: <https://join.me/auntberthatraining>

Dial-in: 415.655.0381

Access Code: 735-369-810#

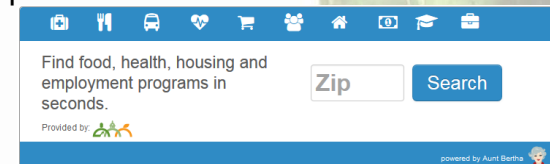
The Capital Area Food Bank's "Food Bank Network" webpage, powered by Aunt Bertha, creates links to the CAFB's network of food assistance partners and programs while providing real time access to services such as affordable housing and job training.

The network has evolved to become more user friendly and more useful for the organizations listed. Participants of this webinar will become an official "Food Bank Network" Navigator and learn to utilize new features and basic functions of the network, including:

- A referral network that allows site staff to send referrals directly to participants and participants to respond whether or not s/he received help.
- Organizations will be notified when participants are interested in the site's services.
- Multilingual recognition in the search bar.

It's recommended that anyone participating in this webinar to create an account (go to [cafb.auntbertha.com](http://cafb.auntbertha.com) and click "sign up" in the top right corner) ahead of time.

Note: This training is available simultaneously both as a webinar online and in person at CAFB's distribution location.



## ServSafe for Food Banking

**Monday, May 16th**

**10:00 am - 12:30 pm**

**DC Distribution Center:**

4900 Puerto Rico Ave NE, Washington DC 20017

The National Restaurant Association and Feeding America have teamed up to produce a customized food-handling education program that teaches food pantries and other charitable organizations how to distribute food safely and properly.

The course is not an official certification, but is intended to help you better understand food-safety techniques and practices.

## ServSafe Certification Class

**Wednesday, June 8th**

**9:30 am – 6:00 pm**

**DC Distribution Center:**

4900 Puerto Rico Ave NE, Washington DC 20017

ServSafe Food Manager Certification teaches you the latest FDA Food Code, food safety research, and provides food sanitation training experience. Managers learn to implement essential food safety practices and create a culture of food safety. All content and materials are based on actual job tasks identified by food service experts.

*All meal service programs are required to have a ServSafe Food Protection Manager present during meal service.*

This class is free, but the examination is \$125:  
Please contact Livia Berg at 202.644.9832 or [lberg@capitalareafoodbank.org](mailto:lberg@capitalareafoodbank.org) about payment.

## American Diabetes Association Volunteer Ambassadors

**Monday, June 20th**

**10:00 am - 2:00 pm**

**DC Distribution Center:**

4900 Puerto Rico Ave NE, Washington DC 20017



The American Diabetes Association has established a program to train volunteers/partners to implement diabetes and wellness education workshops at their agencies.

All participants will be given a variety of educational materials and resources to conduct workshops and promote diabetes prevention and management to their clients.

## Partners for Wellness

Partners for Wellness is an initiative to celebrate you, our food assistance partners who demonstrate a commitment to offering healthy food and nutrition education resources in the community. And it's all based on the foods you shop for and order from the Capital Area Food Bank.

Partners for Wellness Benefits:

- Grants up to \$500 to shop CAFB's menu
- Freezer and refrigerator giveaways
- Special events that will highlight wellness best practices

Eligibility:

- 75% of food ordered from CAFB meets wellness guidelines
- Commitment to distribute 500 Recipe and Produce Guides

**Have questions?**

DC Contact: Chelsea Foster, [cfoster@capitalareafoodbank.org](mailto:cfoster@capitalareafoodbank.org) or 202-644-9815  
MD Contact: Sasha Ernest, [sernest@capitalareafoodbank.org](mailto:sernest@capitalareafoodbank.org) or 202-644-9876  
VA Contact: Johnnie Dunlap, [jdunlap@capitalareafoodbank.org](mailto:jdunlap@capitalareafoodbank.org) or 571-482-4773