



The Capital Area Food Bank in Northern Virginia

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What is the Capital Area Food Bank?

The Capital Area Food Bank is the region's largest hunger relief organization and the hub for food sourcing, food distribution and nutrition education across Greater Washington. In Washington, D.C. and its six surrounding counties, there are nearly 700,000 individuals at risk of hunger; about 150,000 are children.

In FY 2014, the CAFB distributed 42 million pounds of food — more than 35 million meals — to 540,300 individuals through direct service and a network of more than 500 partner agencies. The CAFB service area includes: *Washington D.C.; Montgomery County, MD; Prince George's County, MD; Fairfax County, VA; Prince William County, VA; Arlington County, VA; and The City of Alexandria, VA.*



Why we do the work: Hunger in Northern Virginia

- In Northern Virginia, 6.7 - 11.9 percent of residents, depending on the county (averaging 148,850 individuals out of 1,831,295), struggle to get the food they need.
- More than 55,000 children across Northern Virginia live in houses that lack sufficient access to healthy food.

Spotlight on Child Feeding Programs

The Capital Area Food Bank served 112,268 after-school meals this year—an increase of 5,893 meals over the previous year. Connecting children with healthy meals is especially crucial in summer months, when many who typically would receive free lunch at school are forced to go without. Last summer, the CAFB increased the number of meals served to children by 8,376 for a total of 28,358 meals across Northern Virginia.

Together we can solve hunger™

How we do the work

In FY 2014, the CAFB distributed 5.6 million pounds of food in Northern Virginia through Partner Agencies and Direct Food Distributions.

Our **Partner Agencies** work on the ground to offer food from CAFB to neighbors in need; these partners include churches, food pantries, soup kitchens, emergency shelters, senior programs, daycare centers and more.



129 Partner Agencies in Northern Virginia

*Including Northern Virginia Family Services (SERVE); ALIVE; Columbia Baptist
16 Partner Agencies trained by CAFB this year to champion healthy eating in their community*

These **Direct Food Distribution** programs complement the offerings of our partner agencies:



20 Mobile Market Sites

Serve 12,070 individuals each month



29 Kids Afterschool Feeding Programs

Serve 1,107 children daily



1 Community Marketplace Site

Serves 300 households each month



24 Kids Summer Feeding Programs

Serve 748 children daily



13 Weekend Bag Sites

Serve 542 children each weekend



3 Family Markets

Serve 260 families each month



11 Senior Brown Bag Sites

Serve 542 seniors each month



32 Temporary Emergency Food Assistance Sites

Serve 30,000 individuals each month

Our **Nutrition Education** courses accompany food distributed in the community.



Nutrition education

47 Virginia residents trained by CAFB this year in cooking, nutrition and food budgeting

Spotlight on Fresh Fruits and Vegetables: The Community Marketplace

The Capital Area Food Bank's Community Marketplace at Southgate Community Center in Reston, Virginia provides low-income families in the neighborhood with 30 pounds of free, fresh produce monthly in a farmer's market setting. The Marketplace serves as a hub where residents learn about continuing education, job placement, health, and housing opportunities from area service providers. With recipe tastings each month, it encourages cooking at home and healthy eating.