



The Capital Area Food Bank in Maryland

Updated February, 2015

What is the Capital Area Food Bank?

The Capital Area Food Bank is the region's largest hunger relief organization and the hub for food sourcing, food distribution and nutrition education across Greater Washington. In Washington, D.C. and its six surrounding counties, there are nearly 700,000 individuals at risk of hunger; about 150,000 are children.

In FY 2014, the CAFB distributed 42 million pounds of food — more than 35 million meals — to 540,300 individuals through direct service and a network of more than 500 partner agencies. The CAFB service area includes: *Washington D.C.; Montgomery County, MD; Prince George's County, MD; Fairfax County, VA; Prince William County, VA; Arlington County, VA; and The City of Alexandria, VA.*



Why we do the work: Hunger in Maryland

- In Maryland, 13.4 percent of residents (781,200 out of 5,828,289 individuals) struggle to get the food they need.
- 19 percent of children in Maryland (251,730 out of 1,334,938 children) under the age of 18 lack sufficient access to healthy food.
- Many food insecure residents of the MD area have to make difficult choices between buying food and other necessities:
 - 67 percent of individuals served by the CAFB report having to choose between food and transportation;
 - 61 percent reported having to choose between food and housing.

Together we can solve hunger™

How we do the work

In FY 2014, the CAFB distributed 10.6 million pounds of food in Maryland through Partner Agencies and Direct Food Distributions.

Our **Partner Agencies** work on the ground to offer food from CAFB to neighbors in need; these partners include churches, food pantries, soup kitchens, emergency shelters, senior programs, daycare centers and more.



192 Partner Agencies in Maryland including Manna Food Center, SHABACHI, and Silver Spring United Methodist Church

37 Partner Agency leaders trained by CAFB this year to champion healthy eating in their community

These **Direct Food Distribution** programs complement the offerings of our partner agencies:



42 Mobile Market Sites

Serve 27,466 individuals each month



22 Kids Afterschool Feeding Programs

Serve 988 children daily



1 Community Marketplace Site

Serves 237 households each month



23 Kids Summer Feeding Programs



20 Weekend Bag Sites

Serve 925 children each weekend



7 Family Markets

Serve 1050 families each month



22 Senior Brown Bag Sites

Serve 1,784 seniors each month

Our **Nutrition Education** courses accompany food distributed in the community.



Nutrition education

150 Maryland residents trained by CAFB this year in cooking, nutrition and food budgeting

Spotlight on the Community Marketplace at First Baptist Church of Glenarden

The CAFB's Community Marketplace provides low-income families with 30 pounds of free fresh produce monthly in a farmer's market setting. The Marketplace is located in a high-needs community in the heart of Glenarden, MD and serves as a hub where residents learn about continuing education, job placement, health, and low housing opportunities from area service providers. The Marketplace encourages children and families to shop and learn together while reinforcing the importance of healthy eating.

Together we can solve hunger™