



## The Capital Area Food Bank in Fairfax County

Updated August 31, 2014

### What is the Capital Area Food Bank?

The Capital Area Food Bank is the region's largest hunger relief organization and the hub for food sourcing, food distribution and nutrition education across Greater Washington. In Washington, D.C. and its six surrounding counties, there are nearly 700,000 individuals at risk of hunger; about 150,000 are children.

In FY 2014, the CAFB distributed 42 million pounds of food — more than 35 million meals — to 540,300 individuals through direct service and a network of more than 500 partner agencies. The CAFB service area includes: *Washington D.C.; Montgomery County, MD; Prince George's County, MD; Fairfax County, VA; Prince William County, VA; Arlington County, VA; and The City of Alexandria, VA.*



### Why we do the work: Hunger in Fairfax County, VA

- In Fairfax County, 6.7 percent of residents (72,970 individuals) struggle to get the food they need.
- 12.3 percent of children under the age of 18 (32,280 children) live in households that lack sufficient access to healthy food.
- The CAFB serves a region that has a higher cost of living than many other regions in the U.S. The average cost of a one-bedroom apartment in Fairfax County is over \$2,000, and the median cost of a house is over \$550,000.
- Fairfax County represents about 13 percent of the total population of the state of Virginia.

Together we can solve hunger™

## How we do the work

*In FY 2014, the CAFB distributed over 3 million pounds of food in Fairfax County through Partner Agencies and Direct Food Distributions.*

Our **Partner Agencies** work on the ground to offer food from CAFB to neighbors in need; these partners include churches, food pantries, soup kitchens, emergency shelters, senior programs, daycare centers and more.



### 67 Partner Agencies in Fairfax County, including:

Food For Others; Lorton Community Action Center; St. Anthony of Padua Catholic Church; United Community Ministries; First Baptist Church of Springfield; Columbia Baptist; Western Fairfax Christian Ministries

These **Direct Food Distribution** programs complement the offerings of our partner agencies:



#### 13 Mobile Market Sites

*Serve 1,900 individuals each month*



#### 7 Kids Afterschool Feeding Programs

*Serve 324 children daily*



#### 1 Community Marketplace Site

*Serves 300 households each month*



#### 2 Kids Summer Feeding Programs

*Serve 133 children daily*



#### 5 Weekend Bag Sites

*Serve 387 children each weekend*



#### 1 Family Market

*Serves 90 families each month*



#### 5 Senior Brown Bag Sites

*Serve 400 seniors each month*

### Spotlight on Fresh Fruits and Vegetables: Community Marketplace

The CAFB's Community Marketplace at Southgate Community Center in Reston, Virginia provides low-income families in the neighborhood with 30 pounds of free, fresh produce monthly in a farmer's market setting. The Marketplace serves as a hub where residents learn about continuing education, job placement, health, and housing opportunities from area service providers. The Marketplace gathers people together with recipe tastings each month, and encourages cooking at home while reinforcing the importance of healthy eating.

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