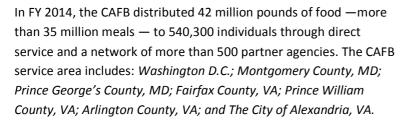


The Capital Area Food Bank in Arlington County

Updated August 31, 2014

What is the Capital Area Food Bank?

The Capital Area Food Bank is the region's largest hunger relief organization and the hub for food sourcing, food distribution and nutrition education across Greater Washington. In Washington, D.C. and its six surrounding counties, there are nearly 700,000 individuals at risk of hunger; about 150,000 are children.







Why we do the work: Hunger in Arlington County, VA

- In Arlington, almost 10 percent of residents (19,550 of out of 221,045 individuals) struggle to get the food they need.
- 12.7 per cent of children under the age of 18 (4,190 children) live in households that lack sufficient access to healthy food.

Spotlight on Child Feeding Programs in Arlington

The Capital Area Food Bank works with 18 community partners, including community centers, schools and housing programs, to provide after school meals and snacks to 426 children daily. For many of these children, it is often the last meal they receive until breakfast at school in the morning.

How we do the work

In FY 2014, the CAFB distributed 228,000 pounds of food in Arlington County through Partner Agencies and Direct Food Distributions.

Our **Partner Agencies** work on the ground to offer food from CAFB to neighbors in need; these partners include churches, food pantries, soup kitchens, emergency shelters, senior programs, daycare centers and more.



9 Partner Agencies in Arlington, including:

Our Lady Queen of Peace Catholic Church; Grace Ministries, Mt. Olivet; Community Church of God

These **Direct Food Distribution** programs complement the offerings of our partner agencies:



1 Mobile Market Site

Serves 435 individuals each month



18 Kids Afterschool Feeding

ProgramsServe 426 children daily



5 Weekend Bag Sites

Serve 80 children each weekend



18 Kids Summer Feeding

ProgramsServe 498 children daily



4 Senior Brown Bag Sites

Serve 95 seniors each month



1 Family Market

Serves 70 families each month

Spotlight on Family Markets

The Capital Area Food Bank's Family Market at Carlin Springs Elementary began in Spring of 2014. The goal of Family Markets is to help alleviate hunger through a monthly distribution of healthy and nutritious food to children and their families at school. Through the program, the CAFB provides fresh produce and non-perishable items to schools where students and families are in the greatest need; at least 50% of the student body must qualify for free or reduced school meals. The Family Market ensures dignity for participants through the <u>client choice model</u>, which allows clients to choose for themselves which foods they take from the pantry.

capitalareafoodbank.org

6833 Hill Park Dr. Lorton, VA 22079 (703) 541-3063