



FOOD FROM THE BAR

Challenging Hunger in Washington, D.C.

May 1 - 29, 2015



HELP US RAISE \$200,000

Food From the Bar is a month-long campaign led by the legal community to close the meal gap in Washington, DC. By donating food, funds and time, legal professionals help the Capital Area Food Bank distribute more meals to kids, seniors and families at risk of hunger.



GOAL:
\$200,000 - OR
500,000 MEALS

\$1 = 1 POINT

**5 LBS OF FOOD =
1 POINT**

AWARDS

BRONZE	SILVER	GOLD	PLATINUM
2,500 points	5,000 points	10,000 points	20,000 points



GIVE MONEY

\$1 = 1 point

ONLINE : www.give.capitalareafoodbank.org/campaigns/food-bar-2015

BY CHECK: Capital Area Food Bank,
ATTN: Ashley Hieb,
4900 Puerto Rico Ave NE
Washington, DC 20017

TIPS:

- DEADLINE: May 29
- Write in check memo "*FFTB & [name of firm]*" in check memo.
- Ask your firm to match

GIVE FOOD

**5 lbs of food =
1 point**

DELIVER TO

Capital Area Food Bank
4900 Puerto Rico Ave NE
Washington, DC 20017

HOURS: M-F | 8:30am – 4:30pm

TIPS:

- DEADLINE : June 5
- Donate healthy food items:

HTTP://BIT.LY/ZU1SHT

GIVE TIME

**5 volunteers =
500 points**

MAY 2 | 8:30AM -12:00PM
COMMUNITY MARKETPLACE
L Street NW, Washington DC

MAY 13 | 6:00-8:00PM
WAREHOUSE WEDNESDAY
4900 Puerto Rico Ave, NE

MAY 29 | 1:00-4:00PM
DC WAREHOUSE
4900 Puerto Rico Ave, NE

TIPS: To RSVP, contact ahieb@capitalareafoodbank.org