

Imagine How it Feels to

FACE HUNGER™



Do you want to kick off your food drive or donation campaign in a meaningful way? Are you coming to volunteer but want to better understand who you'll be helping? Check out our Face Hunger™ program, a hands-on simulation and discussion activity that raises awareness and understanding of hunger.

Here's what some participants in Face Hunger™ have said:

"It's the same thing in reality as in the simulation. The simulation was right on point."

"The...workshop was spectacularly different than what I had expected. It brought up a lot of internal thought and reflection on my own upbringing."

"I'm going to be more compassionate with those coming in for our food."



Who can participate? Schools, universities, community and professional organizations, workplace and faith based groups. It is most appropriate for groups of 15 people or more, ages 12 and older.

Where does it take place? Location is flexible. Many groups choose to participate in Face Hunger™ at the CAFB's facility in Northeast DC, connected with a tour, volunteering, or another activity. The program can also be facilitated at your site.

What should we expect? The full program takes approximately 90 minutes but can be tailored in length and scope to meet the needs of specific groups. Through the simulation, participants "become" individuals struggling with hunger as they face many of the same challenges that 700,000 people in the Washington metro area experience every day.

Is there a cost? There is no cost for this program; however we ask that participating groups take at least one action step to support our work of getting healthy food to those who need it. This can take many forms, including volunteering, hosting a food drive, making a monetary donation or helping us raise awareness about the issue of hunger.

For more information or to schedule a Face Hunger™ workshop, please contact:



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Together we can solve hunger™