

Agency Achievement Academy

To ensure our network of food assistance partners continues to thrive, we provide free “train the trainer” style educational opportunities

Aug-Dec 2014 Educational Workshops



Introduction to Proposal Writing

Could your organization use more money?

Do you want to increase your impact in the community?

Learn how to write comprehensive, compelling proposals with clear budgets geared to foundations and other grantmaking organizations with a professional instructor from the Foundation Center.

Friday, September 12 | 2 pm to 4 pm
4900 Puerto Rico Ave NE Washington, DC 20017

First 20 partners to register & attend will receive a \$50 food credit

American Diabetes Association Volunteer Ambassador Training

Do your clients struggle to maintain good health and manage diabetes?

Are you interested in learning how to communicate positive health to your clients?

November is National Diabetes Month, and this workshop is for you!

Friday, November 7 | 10 am to 2 pm

4900 Puerto Rico Ave NE Washington, DC 20017

First 20 partners to register & attend will receive a \$50 food credit

Health Ambassadors Certification Series

Thursday, October 2 | 9am-4pm and Thursday, October 9 | 9am-3pm



Looking for ways to include more nutrition education at your site?

Want to gain skills in healthy cooking and eating healthy on a budget?

Join the Health Ambassadors Program!

Learn how to:

- Conduct nutrition information sessions
- Conduct a cooking demonstration
- Eat healthy on a budget
- Work with different client populations: children, adults, elderly, and multicultural
- Be a healthy role model and set goals for health



Bethlehem Baptist Church
7836 Fordson Rd
Alexandria, VA 22306

All agencies who complete both days will get a take home kit valued at \$150 including posters, cookware and a burner.



Introducing... ServSafe Certification

Thursday, October 23 | 8:30am-5pm
4900 Puerto Rico Ave NE, Washington, DC 20017

Our partners talked and we listened! After feedback that partners would like to become certified in safe food handling, we are now offering ServSafe training and testing.

ServSafe Food Protection Manager Certification blends the latest FDA Food Code, food safety research and years of food sanitation training experience. Managers learn to implement essential food safety practices and create a culture of food safety. All content and materials are based on actual job tasks identified by foodservice experts.

**This class is free, but the examination is \$125:
Please contact Stephanie Sneed, 202.644.9832 or
ssneed@capitalareafoodbank.org about payment**

Food Grow

Grow Your Own...With Kids!

Interested in increasing access to fresh healthy produce through food growing?

Looking for a fun and interactive way to teach youth about fresh foods and nutrition?

This hands-on workshop will provide an intro to growing food and teaching others to do the same, specifically targeted at youth.

Wednesday, September 10 | 9 am to 3 pm

4900 Puerto Rico Ave NE,
Washington, DC 20017

All partners will receive materials to take to their agency to begin growing food!



Composting!

Looking to reduce food waste at your agency?

This hands-on workshop covers backyard composting strategies including traditional bins, cheap and easy heaps, DIY tumblers, space-saving in-garden methods, and vermicomposting (composting with worms).

Wednesday, November 12 | 10am to 12 pm

4900 Puerto Rico Ave NE,
Washington, DC 20017

All partners will receive materials to take to their agency to begin composting!



ing Workshops

Food Preservation

Hate losing fresh, healthy food to spoilage?

This class teaches you how to prolong the life of all types of produce.

Participants will also get a chance to practice freezing fresh produce safely and making fridge pickles—a simple form of canning.

Wednesday, October 15 | 11 am to 3 pm

4900 Puerto Rico Ave NE,
Washington, DC 20017



All partners will receive materials to take back to their agency to begin preserving food!

Register Online for all Classes:

capitalareafoodbank.org/a3

Questions???

Contact: Stephanie Sneed
Partner Training Coordinator
aaa@capitalareafoodbank.org

202.644.9832



Fall Hunger Summit

Twice a year, we invite our supporters and food assistance partners to join us in a dialogue about the most challenging issues involved with addressing hunger in our area.

This September, in honor of Hunger Action Month, please join us at the 2014 Capital Area Food Bank Fall Hunger Summit.

Location

First Baptist Church of Alexandria
2932 King Street
Alexandria, VA 22302

Connect with us!

@foodbankmetrodc
facebook.com/capitalareafoodbank
#hungersummit

Date and Time

Friday, September 26
8AM – 12PM

To learn more and register, please visit:

capitalareafoodbank.org/capital-area-food-bank-fall-hunger-summit

Questions? Contact Allison Majewski at amajewski@capitalareafoodbank.org 202-644-9882.

A3 Registration Form

Name: _____

Organization

Name: _____

Organizational

Role: _____

Email

Address : _____

Phone # : _____

Workshops You'd Like to Register For: (Check boxes)

Grow Your Own with Kids [September 10 | 9am-3pm]

Proposal Writing [September 12 | 2pm-4pm]

Health Ambassadors Day 1 [October 2 | 9am-4pm]

Health Ambassadors Day 2 [October 9 | 9am-3:30pm]

Food Preservation [October 15 | 11am-3pm]

ServSafe Certification [October 23 | 9am-5pm]

ADA Volunteer Ambassador Training [Nov. 7 | 10am-2pm]

Composting [Nov. 12 | 10am-12pm]

**Please bring back to CAFB, scan/email to
ssneed@capitalareafoodbank.org or fax to 202.529.1767**

www.CapitalAreaFoodBank.org/a3

Register online at

Aug-Dec 2014 A3
Workshops



4900 Puerto Rico Ave. NE
Washington, DC 20017



August– December 2014 A3 Course Schedule

To ensure our network of food assistance partners continues to thrive, we provide free “train the trainer” style educational opportunities such as:

- Grow Your Own for Kids
- Proposal Writing
- Health Ambassadors
- ADA Ambassador Volunteer Training
- Food Preservation
- Introduction to Proposal Writing
- ServSafe Certification
- Composting

Keep up to date with CAFB offerings for partners by following us online:



[facebook.com/groups/capitalareafoodbankpartners](https://www.facebook.com/groups/capitalareafoodbankpartners)



[@foodbanknews](https://twitter.com/foodbanknews)

See inside for a complete listing of August –December workshops.