

# Summer Food Service Program

Feeding children  
over the summer



Please help get the word out about where children and teens can eat breakfast, lunch, and supper throughout the summer!

Visit the websites or call for more information and meal locations.

**From the USDA:** <http://www.fns.usda.gov/cnd/summer/>  
During the school year, many children receive free and reduced-price breakfast and lunch through the School Breakfast and National School Lunch Programs. **What happens when school lets out?** Hunger is one of the most severe roadblocks to the learning process. **Lack of nutrition during the summer months may set up a cycle for poor performance once school begins again.** Hunger also may make children more prone to illness and other health issues. **The Summer Food Service Program is designed to fill that nutrition gap and to make sure children can get the nutritious meals they need.**



## Additional resources in our community:

**DC Food Finder:** <http://www.dcfoodfinder.org/> An online interactive map that allows users to locate nearby emergency food providers, low-cost groceries, free meals, farmers' markets, nutrition education programs, and places to apply for government food programs.

**Hunger Lifeline:** 202-639-9770 An information and referral service that links those in need of emergency services to agencies in their area that can assist them. Call 9am - 5pm, Monday - Friday, for assistance.



## Washington, D.C. summer meals

Office of the State Superintendent of Education Wellness & Nutrition Services

- [www.dcsommerfun.dc.gov](http://www.dcsommerfun.dc.gov) (Be Healthy section)
- 311 or 202-481-3934 or text 202-656-5328

## Maryland summer meals

School & Community Nutrition Programs Branch

- Maryland State Department of Education
- [www.mdsummermeals.org](http://www.mdsummermeals.org)
  - 1-877-731-9300

## Virginia summer meals

- Virginia Department of Health
- 211 or 1-877-618-7282

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