



Food For Kids Morning Packer

Department: Food For Kids (DC)
Reports to: Food For Kids Manager
No. of Volunteers Needed: 1
Date Requested: Ongoing

Position Overview: CAFB partners with after-school programs through the Kids Cafe program to provide well-balanced hearty snacks or dinners for more than 2,000 children. Kids Cafe has over 50 locations in recreation centers, churches, schools and community centers all over the D.C. area. This position will help to prepare food to be delivered to Kids Cafe sites.

Basic Function:

- Pack food for delivery to afterschool programs for low-income children at risk of hunger

Primary Duties:

- Pack pre-selected perishable foods for same day delivery to afterschool sites (delivery done by warehouse employee)
- Record accurate weights for packed items on daily menu packing sheets

Minimum Requirements:

- At least 16 years of age
- Attend mandatory training session at the Washington, DC CAFB branch

Physical Requirements:

- Must be able to lift and move up to 40 lb. boxes of food

Volunteer Work Schedule and Hours:

- Ongoing, regular weekly commitment to at least one morning per week
- Willingness to commit for at least 3 months of weekly packing duties
- Mon 9:00-10:30am, Tues 9:00-10:30am, Wed 9:00-10:30am, Thurs 9:00-10:30am

Impact of Volunteer Opportunity:

- Help provide afterschool meals and snacks for over 1,000 children from low-income communities at risk of hunger, in the DC metropolitan area
- Enable children to benefit from safe afterschool enrichment programs through providing consistent nutritious meals

How to Apply:

- Visit <http://www.capitalareafoodbank.org/ambassador-volunteers/> and fill out the Ambassador Volunteer Application. Send any questions to volunteer@capitalareafoodbank.org.

Thanks for your interest in the Capital Area Food Bank!