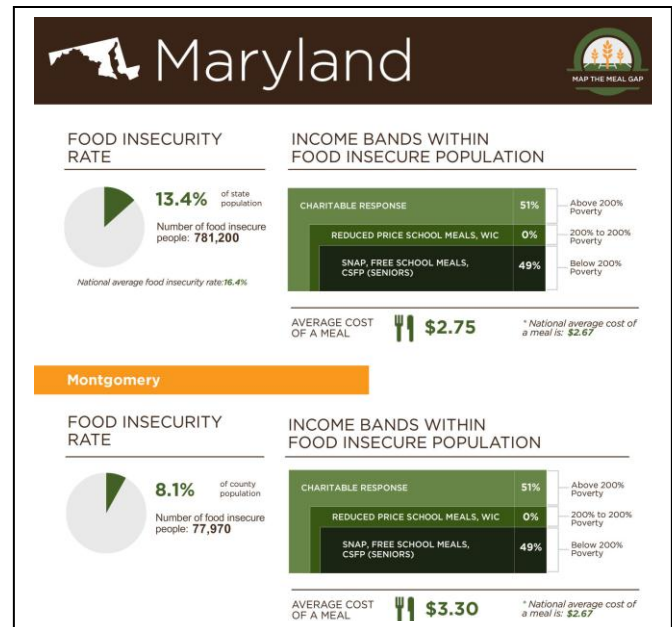




## The Capital Area Food Bank in Montgomery County

### What is the Capital Area Food Bank?

The Capital Area Food Bank is the hub for food sourcing, food distribution and nutrition education in the Washington metro area, serving those struggling with hunger. In Washington, DC and its six surrounding counties, there are nearly 700,000\* individuals at risk of hunger, of which nearly 150,000 are children. Last year, the CAFB distributed 45 million pounds of food – equivalent to 37.5 million meals – to 478,100 people through direct service and a network of more than 500 partner agencies. The CAFB service area includes: *Washington DC; Montgomery County, MD; Prince George’s County, MD; Fairfax County, VA; Prince William County, VA; Arlington County, VA; and The City of Alexandria, VA.*



### Hunger in Montgomery County

- In Montgomery County, 8.1 percent of residents (77,970 out of 959,738 individuals) are food insecure. \*\*
- 15.3 percent of children in Montgomery County (35,390 out of 231,068 children) under the age of 18 are food insecure.\*\*\*
- In 2012, the CAFB served 2,263,377 meals to individuals in Montgomery County through 92 Food Assistance Partners:
  - 63 Partner Agencies
  - 9 Mobile Pantry Sites
  - 3 Weekend Bag Sites
  - 12 Senior Brown Bag Sites
  - 3 Kid’s Afterschool Feeding Programs
  - 2 Kid’s Summer Feeding Programs



Children in poverty	9%	14%
Inadequate social support (Percent of adults without social/emotional support)	19%	14%
Children in single-parent households	24%	20%

## Demographics\*\*\*\*

Population	989,794
% below 18 years of age	24%
% 65 and older	13%
% Non-Hispanic African American	17%
% American Indian and Alaskan Native	1%
% Asian	14%
% Native Hawaiian/Other Pacific Islander	0%
% Hispanic	17%
% Non-Hispanic white	49%
% not proficient in English	7%
% Females	52%
% Rural	2%

## Definitions

**\* Definition of Poverty:** *The Capital Area Food Bank serves a region that has a higher cost of living than many other regions in the U.S. Therefore, the food bank defines hunger/poverty based upon 185% of the federal poverty guidelines. This means that a household may earn up to 185% of the U.S. government's standard of poverty and still be considered "in poverty." This measure (and other multiples such as 125%, 150% and even 200% of poverty) is utilized to determine eligibility for many government programs.*

**\*\* Data comes from Feeding America's Map the Meal Gap:** *Feeding America first published the Map the Meal Gap project in early 2011, with the generous support of the [Howard G. Buffett Foundation](#) and [The Nielsen Company](#), to learn more about the face of hunger at the local community level. The project helps food banks better identify strategies for reaching the people who most need food assistance. In August, 2011, with the support of the [ConAgra Foods](#)*

[Foundation](#), child food insecurity data was added to the project. The 2013 Map the Meal Gap project reflects 2009-2011 data and will be updated every year with new data.

\*\*\* **Food Insecurity:** *Limited or uncertain availability of nutritionally adequate and safe foods or limited or uncertain ability to acquire acceptable foods in socially acceptable ways.*

\*\*\*\* **Data comes from *County Health Rankings*:** The *County Health Rankings* measure the health of nearly all counties in the nation and rank them within states. The Rankings are compiled using county-level measures from a variety of national and state data sources. These measures are standardized and combined using scientifically-informed weights.