



Food For Kids Food Distributor

Department: Food for Kids (Lorton, VA branch)
Reports to: NOVA Kids Cafe Coordinator
No. of Volunteers Needed: 1-4 volunteers
Date requested: Ongoing

Position Overview:

Food For Kids' programs provide children and teens access to food during out-of-school times. FFK partners with existing community sites to provide well-balanced hearty meals for more than 2,000 children.

Each week the FFK Driver delivers food to 30 sites. We are increasing the amount of fresh produce we are sending out, so we have more boxes to deliver. The FFK Food Distributor will go out with the driver and help make deliveries so that we can continue to send out more and more fresh, healthy items.

Basic Function:

- Assist the FFK Driver with daily deliveries – helping load and unload the truck and carry the boxes into each site.

Primary Duties:

- With the FFK Driver, check in about the day's deliveries.
- Help load the truck.
- Help unload the truck at each stop.

Minimum Requirements:

- At least 18 years of age

Physical Requirements:

- Riding in a truck
- Lifting boxes up to 40 pounds

Volunteer Work Schedule:

- At least once a week, from around 11:00-2:30 (exact schedule varies by day of week)
- Willingness to commit for at least 2 months



Hours:

- At least one day Monday – Thursday, 11:00-2:30

Position Location:

- Lorton, VA branch: 6833 Hill Park Drive, Lorton, VA 22079
- Various community locations in Northern VA

Impact of this volunteer opportunity:

- Children in the DC metro area will receive healthy, fresh foods each week.
- Help enable children to benefit from safe afterschool enrichment programs through providing consistent nutritious meals.

How to Sign Up:

- Visit <http://www.capitalareafoodbank.org/ambassador-volunteers/> and fill out the Ambassador Volunteer Application. Send any questions to volunteer@capitalareafoodbank.org.

Thanks for your interest in the Capital Area Food Bank!