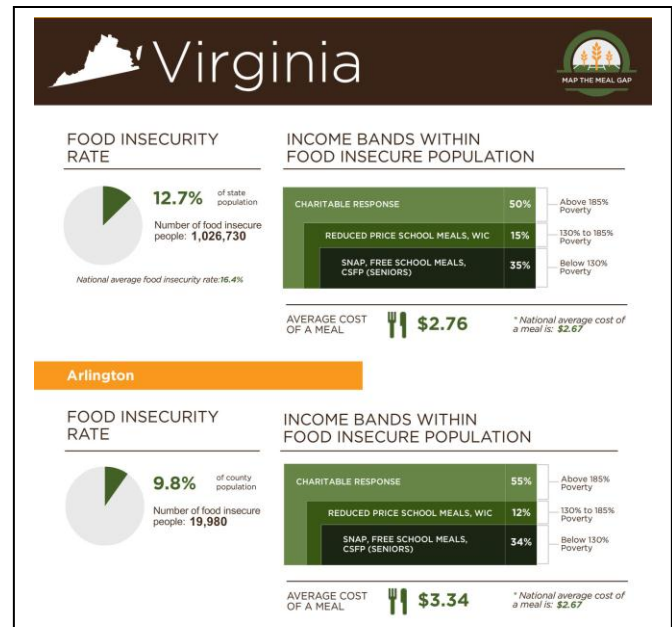




The Capital Area Food Bank in Arlington County

What is the Capital Area Food Bank?

The Capital Area Food Bank is the hub for food sourcing, food distribution and nutrition education in the Washington metro area, serving those struggling with hunger. In Washington, DC and its six surrounding counties, there are nearly 700,000* individuals at risk of hunger, of which nearly 150,000 are children. Last year, the CAFB distributed 45 million pounds of food – equivalent to 37.5 million meals – to 478,100 people through direct service and a network of more than 500 partner agencies. The CAFB service area includes: *Washington DC; Montgomery County, MD; Prince George’s County, MD; Fairfax County, VA; Prince William County, VA; Arlington County, VA; and The City of Alexandria, VA.*



Hunger in Arlington County

- ▮ In Arlington County, 9.8 percent of residents (19,980 out of 202,999 individuals) are at risk of hunger.**
- ▮ 13.1 percent of children under the age of 18 in Arlington County (4,180 out of 31,819 children) are food insecure.***
- ▮ In 2012, the CAFB served 193,088 meals to individuals in Arlington County through 51 Food Assistance Partners:
 - 10 Partner Agencies
 - 2 Mobile Pantry Sites
 - 8 Weekend Bag Sites
 - 4 Senior Brown Bag Sites
 - 21 Kid’s Afterschool Feeding Programs
 - 16 Kid’s Summer Feeding Programs

Through Direct Service Programs, the CAFB reaches families and individuals:

- An average of 200 households served at 1 site
- Weekend Bag – 150 children served each weekend
- Senior Brown Bag – 196 Seniors served each month
- Kid’s Afterschool Feeding Programs – 606 children fed daily
- Kid’s Summer Feeding Programs – 450 children fed daily

Health Outcomes****

Arlington County

National Benchmark

Mortality		
Premature Death (Years of potential life lost before age 75 per 100,000 population)	3,842	5,317
Morbidity		
Poor or fair health	9%	10%
Low birth weight	6.5%	6%

Health Factors****

Arlington County

National Benchmark

Health Behaviors		
Adult obesity	19%	25%
Physical inactivity	17%	21%
Diabetes	6%	N/A
Clinical Care		
Uninsured	12%	11%
Primary care physicians	1,414:1	1,067:1
Preventable hospital stays (Hospitalization rate for ambulatory-care sensitive conditions per 1,000 Medicare enrollees)	36	47
Could not see doctor due to cost	8%	N/A
Social and Economic Factors		
Median household income	\$98,060	N/A
Some college	88%	70%

Children in poverty	10%	14%
Inadequate social support (Percent of adults without social/emotional support)	18%	14%
Children in single-parent households	23%	20%

Demographics****

Population	216,004
% below 18 years of age	16%
% 65 and older	9%
% Non-Hispanic African American	9%
% American Indian and Alaskan Native	1%
% Asian	10%
% Native Hawaiian/Other Pacific Islander	0%
% Hispanic	15%
% Non-Hispanic white	64%
% not proficient in English	4%
% Females	50%
% Rural	0%

Definitions

*** Definition of Poverty:** *The Capital Area Food Bank serves a region that has a higher cost of living than many other regions in the U.S. Therefore, the food bank defines hunger/poverty based upon 185% of the federal poverty guidelines. This means that a household may earn up to 185% of the U.S. government's standard of poverty and still be considered "in poverty." This measure (and other multiples such as 125%, 150% and even 200% of poverty) is utilized to determine eligibility for many government programs.*

**** Data comes from Feeding America's Map the Meal Gap:** *Feeding America first published the Map the Meal Gap project in early 2011, with the generous support of the [Howard G. Buffett Foundation](#) and [The Nielsen Company](#), to learn more about the face of hunger at the local community level. The project helps food banks better identify strategies for reaching the people who most need food assistance. In August, 2011, with the support of the [ConAgra Foods](#)*

[Foundation](#), child food insecurity data was added to the project. The 2013 Map the Meal Gap project reflects 2009-2011 data and will be updated every year with new data.

*** **Food Insecurity:** *Limited or uncertain availability of nutritionally adequate and safe foods or limited or uncertain ability to acquire acceptable foods in socially acceptable ways.*

**** **Data comes from County Health Rankings:** The [County Health Rankings](#) measure the health of nearly all counties in the nation and rank them within states. The Rankings are compiled using county-level measures from a variety of national and state data sources. These measures are standardized and combined using scientifically-informed weights.