



Ambassador Volunteer Request Form

Job Title: Kids Cafe Food Packer (Lorton, VA branch)
Department: Food for Kids
Reports to: NOVA Kids Cafe Coordinator
No. of Volunteers Needed: 1-3 daily
Date requested: Ongoing

Basic Function:

- Pack food for delivery to afterschool programs for low-income children at risk of hunger

Primary Duties:

- Pack pre-selected perishable foods for same day delivery to afterschool sites (delivery done by warehouse employee)
- Record accurate weights for packed items on daily menu packing sheets

Minimum Requirements:

- At least 16 years of age
- Attend mandatory training session at Lorton, VA CAFB branch

Physical Requirements:

- Must be able to lift and move up to 40 lb. boxes of food

Volunteer Work Schedule:

- Ongoing, regular weekly commitment to at least one morning per week
- Willingness to commit for at least 3 months of weekly packing duties

Hours:

- Mon 8:30-10:30am, Tues 8:30-10:30am, Wed 8:30-10:30am, Thurs 8:30-10:30am

Impact of this volunteer opportunity:

- Help provide afterschool meals and snacks for 850 children from low-income communities at risk of hunger, in the DC metropolitan area
- Enable children to benefit from safe afterschool enrichment programs through providing consistent nutritious meals