



Non-perishable Food Items:

- Canned Proteins (tuna, salmon, chicken, peanut butter)
- Canned Fruits in Own Juices or Light Syrup (pineapples, peaches, and pears)
- 100% Fruit Juices (all sizes including juice boxes)
- Grains (pasta, whole wheat pasta, rice, brown rice, macaroni and cheese)
- Condiments (tomato sauces, light soy sauce, ketchup, mustard, light salad dressings)
- Low Sodium/ No Salt Added Canned Vegetables (mixed, green beans, corn)
- Soups (beef stew, chili, chicken noodle, turkey rice)
- Multigrain Cereal (cheerios, cornflakes, grapenuts, raisin bran)

Hygiene Products:

- Diapers
- Deodorants for men and women
- Feminine products
- Toilet paper
- Tissues
- Soap
- Toothpaste
- Shampoo